

COVID19 Guidelines for Bonzai Studio

We are thrilled to open up again and cannot wait to practice with you! We are doing our best to use this pandemic and all of its unique restrictions and requirements as an opportunity to increase safety and personal awareness at Bonzai. Pima County has determined what we need to do in order to safely open and we've added some of our own precautions to the county mandates, taking the health and wellness of all of our Bonzai friends and family into account as we plan for a safe reopening. Please consider the following guidelines as a way for us to take care of each other at Bonzai during Covid-time:

BEFORE CLASS

- There will be no more than 10 students in the studio at a time. We are opening with a first come first served policy so please come early enough to get your spot. If we find we are meeting our 10 person capacity and having to turn people away, we will create a pre-registration system.
- We will ask you wait outside the door until the person in front of you has finished signing in at the front desk.
- Check in will be touchless, no more sign in sheet, and instead our new studio manager Brianna will take your name, attendance, and any payments.
- Cleaning will take place regularly. Before each class we are wiping all surfaces and the floors including anything that staff, teachers, or students commonly touch using disinfectants that are EPA-approved against COVID-19.
- Our instructors will have their temperatures checked before each class and if it is above 100.4 degrees you will be notified about class being cancelled. We are encouraging our instructors to stay home if they experience any symptoms of illness.
- Before entering the studio, please wash hands in the restroom and when you enter use the hand sanitizer provided.
- Please do not come to the studio/class if you have a cough, are running a fever, or have been exposed to someone who has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms.
- Bring your own equipment if you have it. If need be, sign out some of ours for long term borrow or purchase some of the new equipment we have available.
- Come fully dressed for class, there will be no place for changing at the studio.
- We won't be allowing cubby usage. The benches by the front of the studio will be for sitting to remove shoes only, so please limit your baggage. When you arrive, place all your belongings next to your mat / workout space.

DURING CLASS

- We will not offer hands-on assists.
- Instructors will wear a face mask at all times in the studio.
- Wear a mask and if you do not have one, we will have one for you. You will be required to wear a face covering at all times in the studio.
- You know this line....maintain at minimum six (6) feet between yourself and others. The studio floor will be marked with dots 10 ft apart for mats / standing. Please place your mat on one of the dots to help maintain appropriate social distance from your neighbor during practice.
- The door of the studio will be locked when class starts and no late arrivals will be allowed in after the class has started. Late comers, we still love you, we just won't have the person power available to get you safely signed in once class has already begun.

AFTER CLASS

- We will provide disinfectant for you to spray and wipe your personal equipment.
- We encourage conversations and connection because that is what Bonzai is all about, but please out of mutual respect make your way out the door after class and keep those conversations outside rather than in the studio.

BETWEEN CLASSES

- If you have experienced or tested positive for COVID-19 within 14 days of your last studio visit, please notify us.
- In the event there is a confirmed case of COVID-19 at Bonzai, notification will be provided via email. If someone contacts us that they have experienced or tested positive for COVID-19 within 14 days of their last studio visit, we will also notify you via email.
- The studio will get a deep cleaning on a weekly basis.

We will be updating these policies as we hear more from you and your experience being back at the studio and as the situation with COVID changes. If you have any questions, ideas or concerns, please contact us.

(928) 985-2083

emwcooper@gmail.com

We want to try, as best we can, to keep Bonzai a welcoming and accessible space for wellness for all.